# Southampton Southampton

# Adding value in health research

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Head of Business Development



# What is the Wessex Institute?

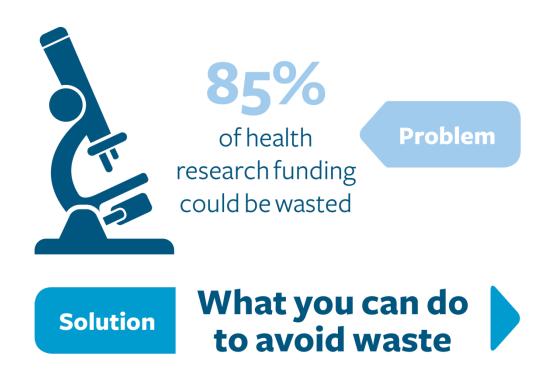
- An enterprise unit within the Faculty of Medicine
- 200+ managers, researchers, academics and clinicians
- Home to a growing number of nationally important, internationally recognised centres:
  - NIHR Evaluation, Trials and Studies Co-ordinating Centre (NETSCC)
  - Southampton Health Technology Assessments Centre (SHTAC)
  - NIHR Dissemination Centre
  - Health and Care Research Wales research funding schemes
  - NIHR INVOLVE Coordinating Centre
  - Other evaluation research including health economics
  - Added value research management for other research funders (e.g. medical research charities; international organisations)



## What do we do?

- We exist to make a difference to society through research and the way it is prioritised, funded, managed, disseminated and used.
- We are primarily concerned with how research is managed effectively, minimising waste and maximising impact
- We conduct our own research on research, to better inform ourselves and other research managers
- We seek new partnerships, nationally and internationally, to make a bigger difference





'Avoidable waste in the production and reporting of research evidence', *The Lancet*, Volume 374, Issue 9683, Pages 86–89, 4 July 2009



#### Avoidable waste in research and how to reduce it



of health research funding could be wasted

'Avoidable waste in the production and reporting of research evidence', The Lancet, Volume 374, Issue 9683, Pages 86-89, 4 July 2009 Wessex Institute, University of Southampton

Sir Jain Chalmers, Paul Glasziou.

#### Are you asking the right questions?

#### Causes of waste'

- Low priority questions addressed
- Important outcomes not assessed
- Clinicians and patients not involved in setting research agendas



#### When you get it right

Increased involvement of patients and clinicians in shaping research agendas leads to more clinically relevant research.

#### What we do

During 2008-13we sifted **9078** potential questions and ran 100 + external stakeholder events

#### 86%of applications now involve

the public in identifying research questions or preparing the proposal

All research is assessed for importance by patients, public, clinicians and decision makers before conventional academic assessment

#### Are the design, methods and analysis right?

#### Causes of waste

- Over 50% of studies designed without reference to systematic reviews of existing evidence
- Over 50% of studies fail to take adequate steps to reduce biases



#### When you get it right

Research proposals are assessed by methodological and content experts. Research is grounded in the existing evidence and literature.

#### What we do

Research proposals are reviewed by 350+ experts on boards and committees

11000+ external peer and expert reviews obtained (2008/13)

All NIHR proposals are expected to be grounded in a review of the evidence

#### Is the research published in a usable and unbiased way?

#### Causes of waste<sup>1</sup>

- Over 30% of trial interventions not sufficiently described for reproducibility/implementation
- Over 50 % of planned study outcomes not reported
- Most new research not interpreted in the context of systematic assessment ofotherevidence

#### When you get it right

- Systematic reviews are updated
- Appropriate reporting guidelines are used
- Outputs are re-packaged for target audience (clinicians, managers, patients, public etc)

#### What we do

We manage our own open access, peer reviewed, fully edited journals series (www.journalslibrary.nihr.ac.uk)

"Health Technology Assessment has a 5-year impact factor of 5.8 and ranked and (out of 82 titles) in the "Health Care Sciences & Services' category by Thomson Reuters\*

We repackage evidence outputsappropriate to specific audiences (e.g. patients, public, decision makers).

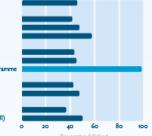
#### Has the research been published?

#### Causes of waste

- Studies not published in full
- Disappointing studies are not published atal

Bar chartreproduced from SMJ 2013;346 with Publishing GroupLtd.3

By funder Industry Government Neither By country US/Canada only International only UK NIHR HTA programme Bysize <160 participants >160 participants By Phase EarlyPhase(I or II) Late Phase (IVIII or III)



#### When you get it right

Studies are published in full irrespective of the results. Even failed and incomplete studies are in the public domain.

#### What we do

NIHR Health Technology Assessment Programme publishes 98% of clinical trials and publishes them faster than comparable funders2

390 peerreviewed and comprehensive final reports made publidyavailable (2008/13)

900+peer reviewed publications in 340 different iournals from research we have managed (2008/13)

#### Is the research reliably and efficiently conducted and completed?

#### Causes of waste<sup>1</sup>

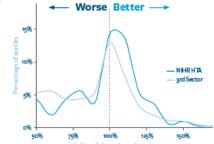
- Studies not delivered to time and target
- Studies are not delivered according to the protocol

80% of studies do not complete to time and or recruitment target!

#### When you get it right

Enhanced post award management and monitoring delivers more studies to time and target.

#### What we do

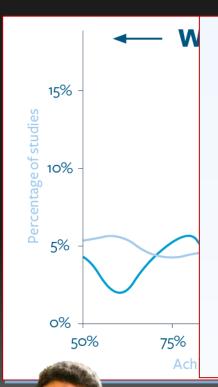


700+live projects currently being managed across diverse areas and settings

5000 applications assessed between 2008-13

Chart produced from data held by the NIHR Clinical Research Network

# Leading research management



#### Causes of waste

- Studies not published in full
- Disappointing studies are not published at all

Bar chart reproduced from BMJ 2013;346 with permission from BMJ Publishing Group Ltd.<sup>2</sup>

#### Overall

#### By funder

Industry

Government

Neither

#### By country

US/Canada only
International only

UK NIHR HTA programme

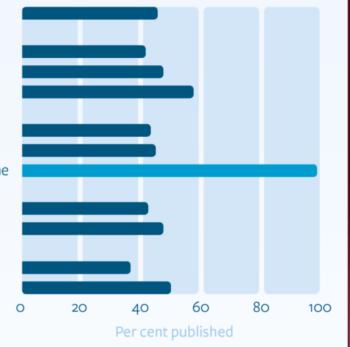
#### By size

<160 participants

>160 participants

#### By Phase

Early Phase (I or II)
Late Phase (II/III or III)



Never taking the easy road ...so that the voice, interests and priorities of Patients is both heard and acted upon."

**Lester Firkins OBE** 

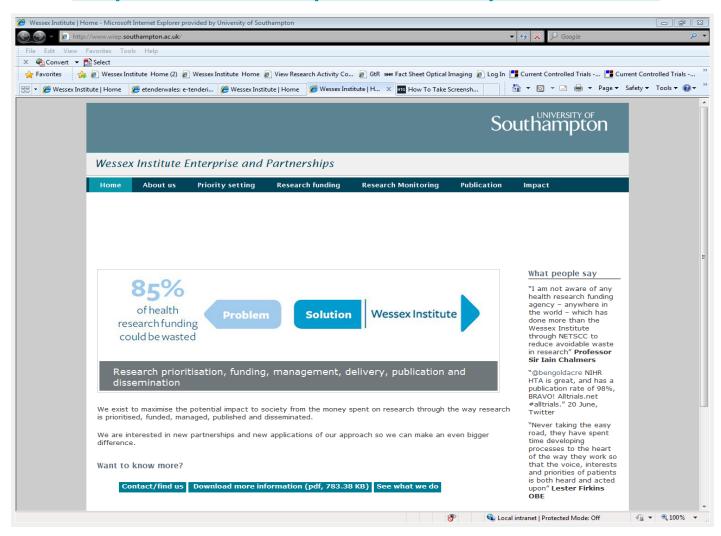


"I am not aware of any health research funding agency - anywhere in the world - which has done more than the Wessex Institute through NETSCC to reduce avoidable waste in research."

**Prof Sir Iain Chalmers** 



### http://www.wiep.southampton.ac.uk





# Thank you

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# Shaping the future of healthcare and public health